Elaine’s Sugar – Free Apple Pie

 INGREDIENTS:

8 cups pelled and sliced Yellow Delicious apples (or other sweet variety)

1 (12 ounce) frozen apple juice concentrate

2 Tablespoons butter

1 teaspoon cinnamon

½ teaspoon nutmeg

4 Tablespoons tapioca

1 (9 inch) baked pie shell.

# In saucepan, cook apples with frozen apple juice.

Add butter, cinnamon, nutmeg, and tapioca.

When apples are tender, pour into baked pie shell. Cool and serve with whipped topping or ice cream .

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 BON - APPETIT JAN. 2,016